

Lesson Plan Outline

This lesson plan is meant for the teacher to read and answer the questions below. Before you begin planning your lesson we invite you to **pray for inspiration** and **read the scriptures** that you will be covering in your lesson.

Personal Notes from Studying the Scriptures:

Include the following in EACH lesson:

- Focus on the **Savior** (Helaman 5:12)
- Ask questions that will enable **discussion** as a class (2 Nephi 25:26)
- Share/read scriptures & **liken** them unto OUR lives (1 Nephi 19:23)
- Cultivate an environment of **love** and **respect** (Moroni 7:47-48)

Fill out the following as you prepare:

Context/Content:

- Where are these events taking place?
- What background information is important to know in order to understand this lesson?

Identify Principle:

- What principle (doctrine/truth) are we learning during these chapters? (Example: Our Savior knows us personally, The Lord provides a way to accomplish what He asks us to do, etc.)

Hands on Experience:

- Is there an activity we can do that would help teach this principle? (Ideas on the back of this paper)

Understand:

- What does this principle teach us about Jesus Christ?

Feel:

- How does this principle help me come closer to Jesus Christ?
- Why does this principle/truth matter to me?
- Have you experienced this principle/truth in your life before? If so, what was your experience?

Apply:

- How can we apply this principle in our lives?
- *Remember to hand out the “faith card” at the end of your lesson and provide individuals with 5 min to reflect and think about how they can ACT on what we discussed in class* (James 2:14 & 17)

Hands on Experience Ideas:

- Ask questions (write them on the board so people can see them)
- Stories
 - Share short personal stories that help individuals see how the principles work in real life.
- Small Group Discussions
 - Break out in groups to read scriptures and discuss questions
- Writing Exercises
 - Example: Invite peers to take 5 min and journal a response to one of your questions
- Chalkboard/Whiteboard activities
 - Hand out sticky notes and invite peers to write their answer and bring it up to the board
- Object and Pictures
 - Share an object lesson that shows the principle you are teaching
 - Allow individuals in class to draw a picture of the principle (could be abstract)
- Audiovisual and Computer Presentations
 - Watch an “Inspirational Message” from the church website
- Music
 - Listen to a song that invites the Spirit and teaching the principle discussed in class
- Share General Conference Address
- Class Discussion
- Read the Scriptures together as a class
- ***Use your creativity here. You are the teacher. Just be mindful of the Spirit and making sure the activity helps teach the principle/truth and invites the Spirit into the class.***

Additional Resources: Teaching in the Savior’s Way, Parents, and Leaders.