

## Girls Camp Packing List

### PACK A SACK LUNCH FOR THURSDAY

#### Clothing

- Pajamas
- Socks
- Closed toed shoes for hikes and Confidence Course
- Water shoes (these can be Crocs or sandals that have a strap and can be used in the water).
- Underwear
- Shirts
- Pants for Confidence Course
- Modest shorts (refer to For the Strength of Youth)
- Hat/visor
- Sweatshirt/jacket (The girl's will not be getting a camp sweatshirt this year)
- Sunglasses
- Swimsuit (Needs to cover your belly)

#### Toiletries

- Wash cloth/towel
- Soap/baby wipes
- Deodorant
- Toothbrush/paste
- Comb/brush
- Chapstick

#### Bedding

- Sleeping bag/sleeping pad
- Pillow

#### Misc.

- Gifts for secret sisters
- Scriptures (hard copy/paper)
- Flashlight
- Extra batteries
- Small backpack for hikes
- Camp chair
- Journal/pen
- Water bottle (this is an absolute must at camp)
- Life Jacket (if you have one, please bring one. We will try and have extras at camp, so don't buy one if you don't have one)
- Prescription medication
- Snacks (no nuts d/t allergies)

- *We will provide sunscreen, pain and allergy meds, sanitary needs, bug repellent, shampoo and conditioner. )*