

**“Sanctify Yourselves”**  
2019 Sunset Ridge Stake Young Men Retreat

| Friday, June 14, 2019   |   |
|-------------------------|---|
| 5:00 – 5:15 PM          | <b>Welcome / Introduction</b> ( <i>Stake Center Gym – East</i> ) <ul style="list-style-type: none"> <li>• Introduction of Theme</li> <li>• Distribution and Explanation of Lanyards / Checklists</li> </ul>   |
| 5:15 – 6:30 PM          | <b>Physical Preparation (“P-Day”)</b> <ul style="list-style-type: none"> <li>• Chicago Softball / Kickball (<i>Oaks Park, 6700 W. 8200 S.</i>)</li> <li>• Volleyball / Dodgeball (<i>Stake Center Gym – West</i>)</li> </ul>  |
| 6:30 – 8:00 PM          | <b>Dinner</b> ( <i>Stake Center Pavilion</i> ) <ul style="list-style-type: none"> <li>• Hamburgers, hot dogs, baked beans, chips, fruit, lemonade, etc.</li> <li>• Lawn games: Horseshoes, Bocce ball, Spike ball, Cornhole, 9 Square, King of the Square (<i>Stake Center Pavilion Lawn</i>)</li> </ul>  |
| 8:00 – 9:15 PM          | <b>Fireside</b> ( <i>Stake Center Gym – East</i> ) <ul style="list-style-type: none"> <li>• Speakers: Bros. Aaron White, Brian Schultz, Wyatt Weber</li> <li>• Testimonies from 2-3 YM w/ mission calls</li> <li>• Closing Remarks: Pres. Mark Wensel</li> </ul>  |
| 9:15 – 9:45 PM          | <b>Dessert</b> ( <i>Stake Center Pavilion</i> ) <ul style="list-style-type: none"> <li>• Dutch Oven Cobbler &amp; Ice Cream</li> </ul>  |
| 9:45 PM                 | Dismiss for the evening – YM & YM leaders return to homes for evening   |
| 10:30 PM                | Lights out  |
| Saturday, June 15, 2019 |   |
| 6:30 AM                 | Arise   |
| 7:00 – 8:00 AM          | <b>Spiritual Preparation – Missionary Study Hour</b> ( <i>Stake Center Primary &amp; Relief Society Rooms</i> ) <ul style="list-style-type: none"> <li>• Priesthood / Missionary Jeopardy – YM invited to bring scriptures or device w/ Gospel Library.</li> </ul>  |
| 8:00 – 9:00 AM          | <b>Breakfast</b> ( <i>Stake Center Pavilion</i> ) <ul style="list-style-type: none"> <li>• Pancakes, Eggs, Bacon, Fruit, Orange Juice</li> </ul>  |
| 9:00 – 10:00 AM         | <b>Service</b> ( <i>Stake Center Grounds, surrounding streets</i> ) <ul style="list-style-type: none"> <li>• Pull weeds, trim bushes, pick up litter – YM and YM leaders encouraged to bring work gloves, rakes, gardening tools, etc.</li> </ul>   |
| 10:00 AM – 12:30 PM     | <b>Spiritual, Physical, Social, Mental Preparation</b> – Rotations: <ul style="list-style-type: none"> <li>• <b>Hatchet Throwing</b> (30 min.) (<i>Stake Center Pavilion Lawn</i>)</li> <li>• <b>Teamwork / Leadership Games</b> (30 min.) (<i>Stake Center Parking Lot, Pavilion Lawn, or Gym – West</i>)</li> <li>• <b>Outdoor Skills Competition</b> (30 min.) (<i>Stake Center Parking Lot or Pavilion Lawn</i>)</li> <li>• <b>Escape Room</b> (65 min.) (<i>Stake Center Gym – East, then Classrooms</i>) – YM encouraged to attend 7:00 AM missionary study hour and to complete 4 action item assignments sent prior to retreat, as both will assist in completion of the Escape Room activity.</li> </ul> |
| 12:30 – 12:45 PM        | <b>Wrap-up</b> ( <i>Stake Center Gym – East</i> ) <ul style="list-style-type: none"> <li>• Closing Remarks</li> </ul>   |
| 12:45 – 1:30 PM         | <b>Lunch</b> ( <i>Stake Center Pavilion</i> ) <ul style="list-style-type: none"> <li>• Pizza, Green Salad, Cookies, Soda</li> </ul>   |
| 1:30 PM                 | Depart  |

\*Estimated agenda. Duration time of activities is subject to change.